



Practice Newsletter

September 2023

Practice Hours

7.30 am – 6.00 pm Monday, Tuesday

8.00 am – 6.00 pm Wednesday, Thursday & Friday

Practice Closures: The Practice is closed between 12.00 pm – 1.00 pm every Tuesday for staff training.

We are closed on Wednesday the 13th of September from 12pm for staff training. We will re-open 8am on Thursday the 14th of September.

Did you know about Extended Access?

Gateshead Extra Care Service now provides additional appointments with local GPs. This service offers telephone and some face-to-face appointments at:

- **QE – Outpatients**

Monday to Friday 09:00-14:00 & 15:00-20:00, Saturday 10:00-15:00 & 15:00-20:00 and Sunday 10:00-15:00

- **Blaydon – Blaydon Practice**

Monday to Friday 09:00-14:00 & 15:00-20:00 and Saturday 09:00-14:00

Please contact us to make an appointment, the receptionist will ask you the symptoms before booking as some problems are not appropriate for these appointments. The receptionist will inform if this is a telephone or face to face appointment.

Join our Patient Participation Group

Teams Medical Practice are keen to revive the Patient Participation Group and are having a welcome/engagement drop-in meeting on:

Thursday 14th September 2023, 5:30 pm – 7:30 pm, at Teams Life Centre.

We hope a wide range of our patients will be able to pop in to say hello, meet some of the team and give us your views on how you feel the Practice is meeting patient needs, how communication between the Practice and patients can be improved and ideas about new services/support that the Practice can provide.

Refreshments will be available – please pop in and say hello!

You can also register your interest in joining the Group via our

Website: [Homepage - Teams Medical Practice](#)

Flu and Covid clinics.

If you have had a text message from us saying you are eligible, please contact the reception to make your appointment.

The guidelines have changed some patients may not be eligible.

Flu and Covid eligibility follows:

- those aged 65 and over.
- pregnant women
- carers
- frontline workers
- if you are immunosuppressed or are in close contact with someone who is immunosuppressed.

Further information can also be found on our practice website or asking a member of admin.

What do men in Teams, Dunston and Bensham Want?



Saturday 9th September:

10.30-12.30

Contact Roy Tilley or Christine Frazer for further info on

07596969334

Come along and start the conversation.

Access and Parking Bensham Grove Community Centre, NE8 2XD **Free** tea

coffee and cakes to help the thinking process.

Dunston Staiths

Open Day



Saturday 16 September: 10.00-14.00

**Enjoy the river views from this iconic, Grade II listed,
scheduled monument on the River Tyne at Dunston,
Gateshead.**

**Access and Parking Dunston Excelsior Club, Staithes Road, Dunston, Gateshead,
Tyne & Wear, NE11 9DR**



www.dunstonstaiths.org.uk

www.twbpt.org.uk

Wooden decking - wear strong shoes

Grief Cafe



12th September, 1-2.30

**Bensham Grove Community Centre,
Sidney Grove, Bensham, Gateshead, NE8
2XD**

Julie Shepherd

<https://www.heartbrokentohealed.co.uk/>

or

Contact: Christine Frazer - 07596969334

