



Practice Newsletter

August 2023

Practice Hours

7.30 am – 6.00 pm Monday, Tuesday

8.00 am – 6.00 pm Wednesday, Thursday & Friday

Practice Closures: The Practice is closed between 12.00 pm – 1.00 pm every Tuesday for staff training.

Appointments

Could we kindly remind patients to please cancel appointments that you no longer need.

Demand for appointments is exceptionally high and cancelling appointments helps us offer these appointments back out to people who really need them.

We understand that sometimes missing appointments cannot be helped, but even a quick phone call to let us know you are running late or are not able to attend your appointment helps us out. The doctors and nurses cannot see patients after 10 minutes as this will make them behind seeing the patients that arrived on time for their appointments.

If you are calling for sick notes, annual reviews or a general enquiry can you please do so after 10 am.

*thanks
for your
support*

Join our Patient Participation Group

Teams Medical Practice are keen to revive the Patient Participation Group and are having a welcome/engagement drop-in meeting on:

Thursday 14th September 2023, 5:00 pm – 6:30 pm, at Teams Life Centre.

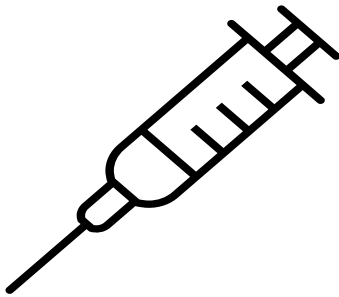
We hope a wide range of our patients will be able to pop in to say hello, meet some of the team and give us your views on how you feel the Practice is meeting patient needs, how communication between the Practice and patients can be improved and ideas about new services/support that the Practice can provide.

Refreshments will be available – please pop in and say hello!

You can also register your interest in joining the Group via our

Website: [Homepage - Teams Medical Practice](#)

National Immunization Awareness Month



Vaccines protect against serious diseases.

These diseases still exist, and outbreaks do occur.

Vaccines are recommended throughout our lives.

Vaccines are very safe.

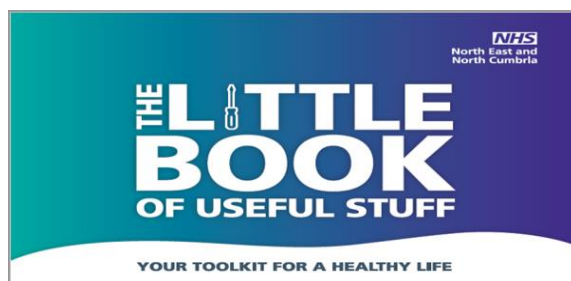
There are many debates around the safety of many of the vaccinations available, however governments across the world, acting upon the advice of leading scientists and medical professionals overwhelmingly support immunization schemes. Despite this, the growing voice of the anti-immunization supporters (and some other factors) has led to a decrease in the number of people becoming vaccinated and there is little surprise that the number of people affected by diseases that in some cases had been eliminated from some countries is on the rise again.

The Little **Orange** and **Blue** Book

Try this before speaking with a GP

These are available on the NHS website or to collect from the surgery. It contains advice and tips on how to manage common illnesses and problems. It also has information on more serious conditions, what to look out for and how to get help.

REMEMBER If you are unsure on what to do call 111 or visit 111 online at www.111.nhs.uk.



FAMILY PICNIC & SPORTS DAY
Eslington/Festival Park, 1-4pm

**MON
7th
AUG**



**6 WACKY EVENTS
PRIZES TO WIN**

**BRING A TEAM
FREE! OR JOIN ONE**

Fun Family Day out

August Awareness Month



August is Psoriasis Awareness month and is used as an opportunity to educate and inform sufferers on a range of topics varying from treatment, causes, triggers and management of the inflammatory and often irritating disease.

The cause of psoriasis is still unknown, but specialists do know that it is largely affected by the immune system and genetics.

Affecting men and women, all races and all ages, the disease can display on a variety of body parts at any given time therefore it is important to understand what you can do about it as and when you are affected by it. Learning to successfully manage treatment can take a long period of time but there are many ways in which the disease can be controlled and treated.